



## Public Health Brief

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Friday November 13, 2020

## Surge in COVID-19 Cases Continues in Alpine County

As of last evening, Alpine County is reporting 4 new cases of COVID-19 infection in residents, bringing our total since the beginning of the pandemic to 30 cases. 13 of these cases are still in the isolation period of 10 days, one has been hospitalized, and there have been no deaths. Our team has contacted all cases and performed contact investigations.

All cases have been on the Eastern slope of the county not involving Kirkwood. We continue to ask your cooperation:

- If you receive a call from Public Health, please respond to our efforts to limit the spread in our community by following our recommendations
- Wear face coverings
- Maintain social distancing outside of your household
- Wash your hands frequently
- Minimize gatherings outside of your household
- GET TESTED!

Given the dramatically worsening situation throughout the county, state and nation, updated guidance documents will continue to be issued frequently. The impact of our increasing case count on our status and tier in the California Blueprint will be announced next Tuesday at Noon. Stay tuned!

The next page is guidance regarding travel that was issued by the California Department of Public Health early this morning.

For testing, call our Health Department at 530-694-2146.  
For other questions, call our Warm Line at 530-694-1011.



**Public Health**  
Prevent. Promote. Protect.

Alpine County Health Department, 75-B Diamond Valley Rd., Markleeville, CA 96120

Alpine County Board of Supervisors, Phone: (530) 694-2281

District 1: vacant, District 2: Ron Hames, District 3: Katherine Rakow,

District 4: Terry Woodrow, District 5: David Griffith

## **Travel Advisory**

November 13, 2020

The incidence of COVID-19 is increasing in many states and countries. Persons arriving in California from other states or Californians returning from other states or countries could increase the risk of COVID-19 spread. In addition, travel itself can be a risk for exposure to COVID-19, particularly travel through shared conveyance such as air, bus or rail travel.

### **Travel Advisory for Non-Essential Travel<sup>1</sup>**

1. Persons arriving in California from other states or countries, including returning California residents, should practice [self-quarantine](#) for 14 days after arrival. These persons should limit their interactions to their immediate household. This recommendation does not apply to individuals who cross state or country borders for essential travel.<sup>2</sup>
2. Californians are encouraged to stay home or in their region and avoid non-essential travel to other states or countries. Avoiding travel can reduce the risk of virus transmission and bringing the virus back to California.

1 “Non-essential travel” includes travel that is considered tourism or recreational in nature.

<https://ca.usembassy.gov/travel-restrictions-fact-sheet/>

2 “Essential travel” includes: work and study, critical infrastructure support, economic services and supply chains, health, immediate medical care, and safety and security.

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